

# rhythm times

summer newsletter

Lynne O'Malley: 07789 895894  
www.rhythmtime.net



## Rhythm Time Finalist in What's on for Little Ones Awards

We're delighted that Rhythm Time has been announced as a finalist in all three national categories for the 2009 What's on 4 Little Ones awards. Best National Baby Development Activity, Best National Toddler Development Activity and Best Pre-Schooler Development Activity.

Congratulations to Lynne O'Malley who has also been nominated in the "Most Outstanding Class Leader" category.

**We'd like to thank everyone who took the time to vote for us.**

## Music boosts baby's brain development

### How can parents help brain training and development?

**Sing to your baby.** Hearing your voice helps your baby begin to learn language. Babies love the patterns and rhythms of songs.

**Sing with your child.** Setting words to music actually helps the brain learn them more quickly and retain them longer.

**Start music classes early.** Your child's brain development has already been boosted by attending Rhythm Time. Continue music into childhood by learning to play an instrument.

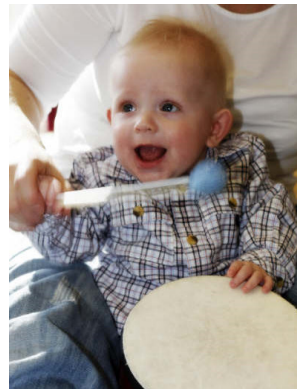
### Music lessons may improve memory and learning ability in young children by promoting different patterns of brain development, a study shows.

Babies are born with billions of brain cells. Ongoing research in neuroscience and related fields continues to demonstrate clearly that the human brain is not fully developed at birth. Most of the connections of the brain's wiring develop during infancy and childhood, based on children's specific life experiences.

The brain develops from the simplest areas to the most complex ones. These synaptic connections control everything that happens to us, from basic processes such as breathing to complex decision-making and judgment abilities. These brain networks are shaped by experience. Based on specific experiences, the brain strengthens connections used regularly and

eliminates unnecessary connections. (Black et al. 1998; Chugani 1998; Fox et al. 1999; National Research Council 2000).

Children's future success begins with the foundations built in early childhood.



**Children need enriching experiences, such as music lessons in their daily lives, as well as ongoing opportunities to explore and learn from their world - in order to build the brain wiring that helps them learn and use language, solve problems, and develop many other fundamen-**

### tal abilities needed to be a well-adjusted adult.

Research has shown children who grow up listening to music, develop strong music-related connections. Some of these music pathways actually affect the way we think. The music pathways in our brain are similar to the pathways we use for spatial reasoning. When we listen to music, the spatial pathways are turned on and ready to be used.

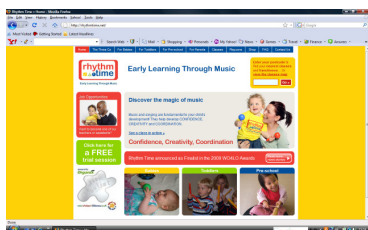
It has been proven by numerous studies that singing and listening to music can improve our ability at spatial reasoning activities such as putting a jigsaw together and thinking skills related to mathematics and science.

So by coming to Rhythm Time you are helping to boost your child's brains development which will set them up for life.

## Staff News

Rhythm time would like to welcome our four new assistants:

**Richard** who is working in Skipton, **Karen** in Burley and **Tricia** and **Ellie**, who cover all locations.



## Enjoy Rhythm Time at Home

### Rhythm Time CD

Both babies and toddlers get the most out of Rhythm Time when they practice some of the songs and rhymes at home with their parents and siblings. An easy way of doing with is to purchase a Rhythm Time CD packed with this terms songs and rhymes.

Rhythm Time CD is available from class teachers at £10.00

### Rat-a-tat Online

Rat-a-tat now has his own interactive playzone. <http://rhythmtime.net/playzone/> Simply click on the playzone for a host of games to play which have been specifically designed for pre-schoolers.

### Rhythm Time Shop

You can now purchase your own Rhythm time instruments & your very own Rat-a-tat. Speak to your class teacher for further details

## Guiseley Classes Opening Soon

Ask your class teacher for further details.

## New Classes and Venues

We are delighted to announce that Rhythm Time will be opening in **Guiseley** soon. New Classes are available now available in Boroughbridge, Skipton and Wetherby.

Monday	Tuesday	Wednesday	Thursday	Friday
Saltaire	Harrogate	Ilkley	Baildon	Skipton <b>NEW</b>
Baby 10.00; Toddler 10.40; Toddler 11.20	Baby 9.40 & Toddler 10.20	Baby 10.00; Toddler 10.40; Toddler 10.40	Baby 9.30; Toddler 10.10; Toddler 10.50	Baby 10.10; Toddler 10.50; Baby 11.30
Harrogate	Otley	Wetherby <b>NEW</b>	Harrogate	Otley
Baby 1.20 & 1.30; Toddler 2.00 Toddler 2.40	Baby 1.40 & Toddler 2.20	Baby 10.00; Toddler 10.40; Baby 11.20	Baby 9.30 & Toddler 10.10	Baby 10.00; Toddler 10.40; Toddler 11.20
	Burley		Boroughbridge <b>NEW</b>	
	Baby 1.00; Toddler 1.40; Baby 2.20		Family Class 11.45	
			Knaresborough	
			Toddler 1.45	

## Thank you!

### Questionnaires

A big thank you for taking the time to complete the questionnaires we really appreciate your help.

## Rhythm Time in Nurseries and After School Clubs

**Why not recommend Rhythm Time to your child's nursery, pre-school or after school club?**

**The following nurseries and preschools have enjoyed Rhythm Time this term:**

Spicey Gill preschool, Ilkley; Brougham Street Nursery, Skipton; Silsden Methodist preschool; Bradford Girls Grammar school; Baildon House Nursery; Little Green Frog nursery, Otley; Harrogate Children's Centre and Boroughbridge Children's Centre.

**Reception class after school club** at Coppice Valley, and Saltergate, Harrogate.

## Rhythm Time Birthday Party Fun

We can help you make your child's birthday celebrations extra special and memorable, with a Rhythm Time party. Music is great fun and makes a great focus for any baby or toddler party. **Rat-a-tat enjoyed celebrating with:**

- Zachary (age 3) and Miriam (age 1) in Burley
- Billy (Age 3) in Baildon



**\*\*Don't miss Rhythm Time at the Otley Baby Fair on 19th July\*\***